Conversation Starters

FOR YOUNG MEN

PEER PRESSURE

Do you spend a lot of time wondering what your classmates and friends and other people think about you? If so, why?

What types of peer pressure have you already faced? What do you think the hardest peer pressure to resist will be for you?

Are you practicing saying no to certain types of peer pressure right now?

Do you have a friend who will stand up with you and hold you accountable for making good decisions? Have you already talked to him? If you don't have a person like that in place already, who would be a good person to ask?

Is there someone at least ten years older than you from whom you seek advice on a regular basis? If not, who might that person be?

Is what is cool with your classmates and friends cool with God?

Are you doing anything now to renew your mind – to see the world the way God sees it? What can you do this week to renew your mind?

Have you faced situations when you had to choose between loyalty to a friend and loyalty to a group? What did you do?

Have you decided and written out exactly what you will say and do in situations involving negative peer pressure? Have you practiced it?

Are you ok if you're not considered cool? Why or why not?

Have you created an image of yourself for others to see that is not the real you? If so, what is that image, and why did you do it?

What does it mean to be yourself?

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